



Manufactured by Life Force®  
 495 Raleigh Ave, El Cajon CA, 92020  
 Phone: (800) 531-4877  
[www.lifeorce.net](http://www.lifeorce.net)

# BE full AminoCharge® Shake

**Product Name:** Be full AminoCharge; High Protein Meal Replacement Shake; Organic Vanilla Flavor

**Item No:** 50045; **Single Canister Net Weight:** 2.3 Lbs. (1,050g) **Servings per Container:** 30

Organic & Grass Fed Proteins Growth Hormone Free No rGBH or rBST Undenatured

## Designed for Sport Nutrition & Weight Management

*This delicious meal replacement shake can be used as a daily protein addition to a healthy diet for the whole family!*

**We have created this “complete” meal replacement- to help you transform your life by achieving the healthy, fit body you desire.**

Formulated with the highest quality of organic and grass fed undenatured protein blend combined with organic prebiotic fiber, digestive enzymes, probiotics, antioxidants, vitamins and minerals. Our whey protein is rich in the branched chain amino acid (BCAA) Leucine which is essential in lean muscle development. Whether you want to slim down or lean up, this healthy meal substitute will propel you toward your goal. This delicious meal replacement is packed with essential nutrients needed to help you nourish your body while exercising or dieting.

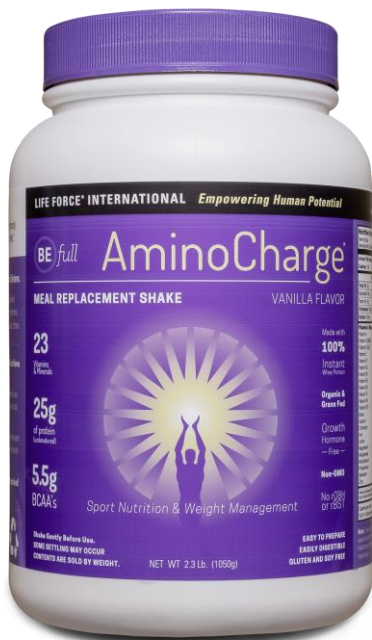
**All you need to do is to replace one or even two meals a day with this nutrient-packed protein shake!**

**Directions:** Can be taken once or twice a day, depending on your daily caloric and protein needs. **Take 1 Serving (2 scoops) 30 minutes before and/or after a workout.**

- Shake gently before use. Combine 2 scoops (35g) with 1 Cup (8 fl. oz = 240mL) of chilled water, or with your favorite beverage or 1% low-fat milk. Thoroughly mix or blend, for 20-30 seconds in a shaker or blender. For maximum benefits, consume within 30 minutes of mixing.

**Spoon stirred:** if you don't have time to prepare a protein shake in a blender, no problem! Just add two rounded scoops of product to a glass filled with 6-8 oz of water or your favorite beverage. Then mix it up with a spoon and stir for about 30 seconds or until the powder is completely dissolved.

**Maximum Daily Intake:** Limit to 2 servings per day. Not to be a sole source of Calories in your daily diet. Use with a healthy diet and exercise program.



Nutrition Facts					
Serving Size: 2 Scoops (35 g) Servings Per Container: 30			Serving Size: 2 Scoops (35 g) Servings Per Container: 30		
Amount Per Serving		w/Water		with 1 Cup 8 fl. Oz (240mL) 1% Lowfat Milk	
Calories 140		Fat Cal 20		Calories 250 Fat Cal 40	
% (DV)†		% (DV)†		% (DV)†	
Total Fat 2.0g	4%	Total Carbohydrate 5g	2%	Total Fat 4.5g	7%
Saturated Fat 1.0g	5%	Dietary Fiber 3.5g	14%	Saturated Fat 2.5g	10%
Trans Fat 0g		Sugars 1.5g		Trans Fat 0g	
Cholesterol 50 mg	15%	Protein 25g	50%	Cholesterol 65 mg	20%
Sodium 50 mg	1%	Potassium 200mg	4%	Sodium 150 mg	8%
<b>Vitamins/Minerals</b>			<b>% (DV)†</b>		
Vitamin A	75 IU		3%	<b>INGREDIENTS:</b> Organic and Grass Fed, Instant Whey Protein Concentrates, Organic Acacia Fiber, Organic Vanilla Flavor, ****DigeZyme® (Multi-enzyme complex- amylase, neutral protease, lactase and lipase), Organic Stevia leaf Extract and ****LactoWise® (Synbiotic Blend of Fenemannans® and Probiotic Strain Bacillus coagulans spores).	
Vitamin D (500IU)	12.5 mcg		80%	<b>Contains:</b> Whey (derived from Milk).	
Vitamin E (5IU)	4 mg		15%	<b>MINERALS:</b> Magnesium citrate, Calcium citrate, Dipotassium phosphate, Manganese Gluconate, Selenomethionine, Chromium Chloride, Zinc Citrate, Copper gluconate, Potassium Iodide, Boron citrate.	
Vitamin C	15 mg		25%	<b>VITAMINS:</b> D-Alpha Tocopherol (Vit E), Cholecalciferol (Vit D3), Ascorbic Acid (Vit C), Acetyl L- Carnitine, 5 HTP (10mg) from Griffonia Seed extract, Niacinamide (Vit B3), Dicalcium Panthotenate (Vit B5), Pyridoxine Hydrochloride (Vit B6), Biotin (Vit B7), Riboflavin (Vit B2), Thiamine Mononitrate(vit B1), Cobalamin (B12), and Folic Acid (Vit B9).	
Vitamin B1	0.38 mg		25%	<b>Typical Amino Acid Profile per serving**</b>	
Vitamin B2	0.43 mg		25%	Alanine	1225 mg
Vitamin B3	5 mg		25%	Arginine	679 mg
Vitamin B5	2.50 mg		25%	Aspartic Acid	2576 mg
Vitamin B6	1.25 mg		60%	Cysteine	516 mg
Vitamin B7	6.25 mcg		2%	Glutamic Acid	4362 mg
Vitamin B9	50 mcg		13%	Glycine	450 mg
Vitamin B12	3.75 mcg		60%	Histidine*	436 mg
Boron	25 mcg		30%	Isoleucine***	1406 mg
Calcium	350 mg		20%	Leucine***	2650 mg
Chromium	50 mcg		40%	Lysine*	2,326 mg
Iron	2 mg		11%	Methionine*	562 mg
Iodine	9 mcg		6%	Phenylalanine*	769 mg
Magnesium	160 mg		40%	Proline	1,421 mg
Manganese	1 mg		50%	Serine	1,245 mg
Molybdenum	15 mcg		18%	Threonine*	1,704 mg
Phosphorus	250 mg		25%	Tryptophan*	410 mg
Selenium	50 mcg		70%	Tyrosine	714 mg
Zinc	2 mg		10%	Valine***	1,432 mg
†Percent Daily Values (DV) are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your caloric needs.					
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

**Store in a cool dry place. DO NOT REFRIGERATE.**

**Opened** –Consume within 60 days after opening.

**Unopened:** Shelf stable for 18 months when stored in a cool, dry place, and product is kept in its original packaging.

**Note:** If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any other high protein product. Discontinue use if adverse reaction occurs.

