



**Life Force**  
INTERNATIONAL

Manufactured by Life Force®  
495 Raleigh Ave. El Cajon, CA 92020  
(800) 531-4877 • www.life-force.net

**TruBoost™**

Product name: TruBoost

Item no: 70017 (12-pack). Available in other quantities.

Characteristics:

Enjoyed daily, TruBoost helps stabilize mood, promotes mental clarity, and increases the body's ability to resist fatigue and tension.\* It boosts energy naturally.\* Lightly sweetened with natural peach juice and organic agave nectar, TruBoost contains no stimulants, caffeine, carbonation, artificial colors or preservatives.

TruBoost promotes an active lifestyle and mobility by:

- The key herbal components in TruBoost are Sensoril® (a standardized ashwagandha extract) and Tulsi, which have been used for centuries in Ayurvedic medicine in India.
- Tulsi and Ashwagandha are adaptogenic herbs, which increase the body's ability to resist and recover from fatigue and stress.
- Sensoril works in tandem with Tulsi to provide a vitalizing lift without stressing the adrenal glands.
- TruBoost has 30 calories per serving.
- TruBoost is an excellent source of niacin, vitamins B6, B12 and pantothenic acid.

Working at a cellular level, Sensoril increases levels of ATP and other energy-related metabolites. In a recent double-blind placebo controlled human clinical trial, Sensoril demonstrated remarkable benefits if taken continuously for 60 days at 125 mg per serving:

- Reduced serum cortisol, the stress hormone, by 24.8%
- Reduced C-reactive protein, a negative health risk factor, by 35.6%
- Increased DHEA, a hormone correlated to overall energy in the body, by 31.6%

Participants in subjective evaluations also experienced impressive results:

- Fatigue/lack of energy decreased by 53.1%
- Inability to concentrate decreased by 75.8%
- Forgetfulness decreased by 57.1%
- Irritability decreased by 76.5%

Color: Peach

Flavor: Peach and organic agave nectar

Texture: Liquid

Recommended daily intake: Drink one bottle (4 oz.) as needed.

Servings per container: 1 (4 oz.)

\*These statements have not been evaluated by the Food & Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

Storage/shelf life:

- Unopened: shelf-stable for 12 months when stored at room temperature and product is kept in its original packaging.
- Opened: should be consumed in one serving; opened product should be refrigerated and consumed within one week.

GENERAL: ALL LIFE FORCE INTERNATIONAL PRODUCTS ARE MANUFACTURED FOLLOWING GMPs IN COMPLIANCE WITH THE US FOOD AND DRUG ADMINISTRATION'S DIETARY SUPPLEMENT GMPs REGULATIONS (21 CFR 110).

ENERGY DRINKS ARE NOT RECOMMENDED FOR CHILDREN UNDER 12 YEARS OF AGE. PREGNANT OR LACTATING WOMEN SHOULD CONSULT THEIR HEALTHCARE PROFESSIONAL PRIOR TO USING ANY NEW PRODUCT.

CONTRAINDICATIONS OR INTERACTIONS:

WHILE THERE ARE NO SPECIFIC DRUG INTERACTIONS KNOWN WITH TRUBOOST, SOME DRUGS AND HORMONES ARE PROCESSED THROUGH THE SAME PATHWAY AS POTASSIUM D-GLUCARATE. CHECK WITH YOUR HEALTHCARE PRACTITIONER REGARDING THE USE OF TRUBOOST WHEN CONSUMING WITH ALCOHOL, SEDATIVES, ANTIHISTAMINES OR ANTI-DEPRESSIVE DRUGS.

Contains 30% Peach Juice

| Supplement Facts                                      |                 |               |
|---|-----------------|---------------|
| Serving Size: 1 bottle (4 oz.)                        |                 |               |
|   | Amt Per serving | % Daily Value |
| <b>Calories</b>                                       | 30              |               |
| <b>Total Carbohydrate</b>                             | 7 g             | 2%*           |
| Sugars  | 6 g             |               |
| <b>Niacin (as niacinamide)</b>                        | 6 mg            | 30%           |
| <b>Vitamin B6 (as pyridoxine hydrochloride)</b>       | 600 mcg         | 30%           |
| <b>Vitamin B12 (as cyanocobalamin)</b>                | 1.8 mcg         | 30%           |
| <b>Pantothenic Acid (as calcium pantothenate)</b>     | 3 mg            | 30%           |
| <b>Proprietary Organic Blend</b>                      | 1.4 g           | †             |
| Krishna Tulsi (Holy Basil) (leaf & flower)            |                 |               |
| Vana Tulsi (Holy Basil) (leaf & flower)               |                 |               |
| Rama Tulsi (Holy Basil) (leaf & flower)               |                 |               |
| <b>Potassium D-glucarate **</b>                       | 500 mg          | †             |
| <b>Sensoril®</b>                                      | 125 mg          | †             |
| Ashwagandha Extract (Withania somnifera) (leaf, root) |                 |               |
| 8% withanolides ***                                   |                 |               |

\*Percent Daily Values are based on a 2000 calorie diet  
†Daily Value (DV) not established

Other Ingredients:  
Peach Juice (Water, Peach Juice Concentrate), Organic Agave Nectar, Natural Flavors, Citric Acid.

\*\*Potassium D-glucarate is protected under U.S. Patent 5,364,644

\*\*\* Sensoril® is protected under U.S. Patent 6,713,092 and is a Trademark of Natreon, Inc.

