



Manufactured by Life Force®
495 Raleigh Avenue, El Cajon CA 92020
(800) 531-4877 • www.life-force.net

Body Balance® Singles To Go

Product name: Body Balance Singles To Go,
1 stick packet is 5 g. (0.18 oz.)

Item no: 70031, 8 individual stick packets (equivalent to
1 total quart)

Certified by: Kosher (KSA)

Characteristics: Body Balance is a whole-food, dietary nutrition supplement, formulated with SeaNine™, our proprietary blend of nine wild, sustainably harvested sea vegetables; and certified organically grown and processed Aloe vera. It is designed to be a daily foundational support for increased energy and overall well being.

- Nutrient dense, providing over 120 naturally occurring nutrients useful for optimal nutrition, including vitamins, minerals, trace minerals, amino acids, essential fatty acids and enzymes, in synergy with a broad spectrum of phytonutrients (plant nutrients).
- Made with non-GMO ingredients and preservative free
- Good for all people over the age of one. Body Balance contains honey which is not safe for infants under one year of age.

Color: Red/Brown. Color may vary slightly by season.

Flavor/taste: Combination of black cherry and cassis berry flavor. Taste may vary seasonally.

Texture: powder

Recommended Daily Intake: Pour one packet into an empty glass and add 4 fl. oz. of water. Mix thoroughly and enjoy. Consume 1 to 2 packets daily. Can be taken on an empty stomach.

Storage/shelf life:

- **Unopened:** shelf-stable for 24 months when stored at room temperature, sheltered from light and moisture, and product is kept in its original packaging
- **Opened:** Each packet is a single serving. Consume immediately upon opening.

Allergens: none, gluten-free, no sulfites

Contains no added synthetic vitamins, minerals or caffeine.

Ingredients: Honey Blend (Honey Powder, Maltodextrin), Natural Black Cherry Flavor, Aloe Vera Powder (Inner Leaf), Citric Acid, SeaNine™ Sea Vegetable Blend Powder (Fucus vesiculosus, Chondrus crispus, Ascophyllum nodosum, Laminaria digitata, Porphyra yezoensis, Palmaria palmata, Ulva lactuca, Alaria esculenta, Gigartina chamissoi), Sodium Bicarbonate, Purified Stevia Extract (Leaf), Black Currant Powder (Cassis).

General: All Life Force International products are manufactured following cGMPs in compliance with the US Food and Drug Administration's cGMPs Regulations (21 CFR 110).



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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Supplement Facts		
Serving Size	5 g. (0.18 oz.)	
Servings Per Packet	1	
	Amount Per Serving	% Daily Value
Calories	20	
Calories from Fat	0	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	4 g	2%*
Dietary Fiber	0 g	0%*
Sugars	4 g	
Calcium	32 mg	4%
Sodium	90 mg	4%
Protein	0 g	
Aloe Polysaccharides	280 mg	

* Percent Daily Values are based on a 2,000 calorie diet. Not a significant source of vitamin A, vitamin C, iron or potassium.

Some of the important trace nutrients include:

Vitamins

A
 B1 (thiamine)
 B12 (methylcobalamin)
 B2 (riboflavin)
 B3 (niacin)
 B5
 B6
 Biotin
 C
 D
 E
 Folate
 K

Amino Acids

Alanine
 Arginine
 Aspartic Acid
 Glutamic Acid
 Glycine
 Histidine
 Isoleucine
 Leucine
 Lysine
 Methionine
 Phenylalanine
 Proline
 Serine
 Threonine
 Tyrosine
 Valine

Minerals

Aluminum
 Antimony
 Barium

Boron
 Bromine
 Calcium
 Carbon
 Cerium
 Cesium
 Chloride
 Chromium
 Copper
 Dysprosium
 Erbium
 Fluoride
 Gadolinium
 Iodine
 Iron
 Magnesium
 Manganese
 Molybdenum
 Phosphorus
 Potassium
 Praseodymium
 Rhenium
 Rubidium
 Samarium
 Selenium
 Silicon
 Silver
 Sodium
 Strontium
 Sulfur
 Tantalum
 Thallium
 Titanium
 Vanadium
 Ytterbium
 Zinc
 Zirconium

Essential Fatty Acids

Docosahexanoic Acid (Omega-3)
 Eicosapentaenoic Acid (Omega-3)
 Linolenic Acid (Omega-3)
 Linoleic Acid (Omega-6)

Anthocyanidins

Cyanidin
 Delphinidin
 Malvidin
 Pelargonadin
 Peonidin
 Petunidin

Saccharides

Arabinose
 B-1,4 Mannans
 Fucose
 Galactose
 Glucose
 Hexans
 Isomaltose
 Kojibiose
 Maltulose
 Mannose
 Polyhexanoses
 Turanose
 Xylose

Phytochemicals

Algin
 Antheraxanthins
 Beta Carotene
 Beta Sitosterol

Betaines
 Caffeic acid
 Chlorophyll
 Choline
 Creatinine
 Ferulic acid
 Fucoidan
 Fucoxanthin
 Galactans
 Gibberellin
 Inositol
 Lutein
 Mannitol
 Melatonin
 N-acetylgalactoseamine
 N-acetylglucoseamine
 N-acetylneuroaminic Acid
 Phycocyanin
 Phycoerythrin
 Phytosterols
 Salicylic Acid
 Sorbitol
 Uric Acid
 Zeaxanthin

Additional Mineral Results

Gold	Tungsten	Nickel	Gallium
Indium	Yttrium	Niobium	Germanium
Lanthanum	Lead	Arsenic	Palladium
Terbium	Lithium	Bismuth	Ruthenium
Thullium	Lutetium	Cadmium	Scandium
Tin	Neodymium	Cobalt	Tellurium

In addition to the above listed nutrients, Body Balance may also contain even more nutrients. The minerals listed here have been shown to be present in test results from varied Body Balance batches. When present, they are in micro amounts. They do not appear in each batch due to the variance from harvest to harvest.