

Manufactured by Life Force® 495 Raleigh Ave, El Cajon CA, 92020 Phone: (800) 531-4877

www.lifeforce.net

TrueGreens® 100% Organic Green Superfood

Product Name: True Greens - 100% Organic Green Superfood

Item No: 50013 Single Canister Net Weight: 6Oz (180g)

Easy to Prepare Easily Digestible

Servings per Container: 30

THE POWER OF GREENS*

True Greens is a concentrated blend made from green plant foods that is packed with a wide spectrum of naturally occurring micro nutrients that support optimum health.

This 100% organic blend is rich in vitamin A, B vitamins, chlorophyll and other valuable phytonutrients that help to support healthy blood sugar levels, a healthy immune system and maintain a natural pH balance.

Each ingredient is grown, harvested and certified Organic to meet our high-quality standards.

Each serving of this "Salad Bar in a Jar™" is an abundant source of naturally occurring vitamins, minerals and enzymes that our bodies desperately need every day.

** DigeZyme® is the multi-enzyme complex; consists of gluten free and GMO-free broad acting enzymes, including amylase, lactase, cellulase, lipase and protease. These enzymes help break down lactose, carbohydrates, cellulosic fibers, fats and proteins. Additionally, these groups of enzymes are resistant to the action of gastric juices, while retaining their digestive activity. ** DigeZyme® is a registered trademark of Sabinsa Corporation.

***LactoWise® is a symbiotic blend of a shelf stable probiotic Bacillus coagulans and Lactobacillus sporogenes – producing only desirable L (+) lactic acid bacteria and soluble fenugreek galactomannans. ***LactoWise® is a registered trademark of Sabinsa Corporation.

*Designed to Support and Promote:

Energy*

Detox*

pH Balance*

Immunity*

Directions: Shake gently before use. Mix 2 rounded teaspoons in 6 ounces of water or a liquid of your choice, once daily. Stir briskly. and consume within 10 minutes. **NOTE:** Use with a healthy diet and exercise program.







INGREDIENTS - Organic Power Grass: Organic Wheat grass, Organic Alfalfa grass, Organic Barley grass, Organic Oat grass, Organic Lemon grass.

Organic Power Greens: Organic Kale, Organic Spirulina, Organic Spinach, Organic Alfalfa Leaf, Organic Kelp, Organic Astragalus, Organic Chlorella, Organic Dulse Leaf, Organic Orange Peel, Organic Beet Root, Organic Dandelion leaf, Organic Lemon peel, Organic Ginkgo leaf and Organic Stevia leaf extract.

Organic Power Juice concentrates: Organic Wheat Grass Juice, Organic Alfalfa Juice, Organic Barley Grass Juice, Organic Carrot Juice, Organic Sea Buckthorn Juice and Organic Noni Fruit Juice.

Other: Organic Acacia fiber, Multi-enzyme complex **DigeZyme®, ***LactoWise® (Synbiotic Blend of Fenumannans® from seeds (Trigonella foenum graecum) and Probiotic Strain Bacillus coagulans spores).

Note: If you are pregnant, breastfeeding, or on a special, health related diet, consult your healthcare professional before using this or any other high protein product. Discontinue use if adverse reaction occurs.

Supp	olement Facts
Serving Size:	2 Rounded tsp (6g)
O O -	

Servings Per Container: 30

Amount Per Serving*:
Calories 20 Calories From Fat 0
% Daily Value (DV)†

	70 Daily Value (DV)		
Total Fat	0	g	0%
Total Carbohydrate	3	g	1%
Dietary Fiber	3	g	8%
Sugars	0	g	
Protein	2	g	4%
Sodium	30	mg	1%
Potassium	130	mg	4%
Calcium	60	mg	6%
Iron	4	mg	20%
Vitamin A (as B carot.)	2,000	IU	40%
Vitamin C	20	mg	30%
Thiamin (Vit B1)	2	mg	130%

*Naturally occurring nutrients. Results may vary

[†]Percent Daily Values (DV) are based on a 2000 calorie diet. Your daily values may be higher or low er depending on your caloric needs.

Store in a cool dry place. DO NOT REFRIGERATE.

Opened -Consume within 60 days after opening.

Unopened: Shelf stable for 24 months when stored in a cool, dry place, and product is kept in its original packaging.

Keep out of the reach of children.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.