

# True Greens

ORGANIC GREEN SUPERFOOD

NON-GMO | NO GLUTEN | NO SOY | NO DAIRY | NO ARTIFICIAL COLORS OR SWEETENERS

TRUSTED BRAND FOR OVER 20 YEARS

THE POWER OF GREENS | "SALAD BAR IN A JAR"

True Greens is a concentrated blend made from green plant foods that is packed with a wide spectrum of naturally occurring micronutrients that support our body's overall health. Each plant ingredient is grown, harvested and certified Organic to meet Organic certification quality standards.

Mix 2 rounded teaspoons (6g) in 6 ounces (180mL) of water or liquid of your choice.



## Nutrition Facts

about 30 serving per container

Serving size 2 tsp. (6g)

Amount per serving

Calories 20

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 20mg 1%

Total Carbohydrate 4g 1%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 1.9mg 10%

Potassium 130mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** GREEN BALANCE ALKALIZING BLEND, ORGANIC, POWDER (Organic Alfalfa grass, Organic Wheat grass, Organic Barley grass, Organic Lemon juice, Organic Kale, Organic Astragalus P.E 10:1, root powder, Organic Spirulina, Organic Oat grass and Organic Chlorella powder). GREEN POWER BLEND, ORGANIC, POWDER (Organic Barley grass, Organic Wheat grass, Organic Spirulina, Organic Alfalfa leaf, Organic Moringa leaf, Organic Kelp, Organic Orange peel, Organic Beet root, Organic Dandelion leaf, Organic Spinach leaf, Organic Chlorella, Organic Wheat grass juice, Organic Dulse, Organic Lemon peel), Organic Acacia fiber (soluble dietary fiber), \*\* DigeZyme® (Multienzyme blend of Amylase, Protease, Lactase, Lipase, Cellulase), \*\*\*LactoWise® (Bacillus coagulans MTCC 5856 and Galactomannans), Organic Wheat grass juice powder, Organic Alfalfa Juice Concentrate powder, Organic Carrot Juice powder, Organic Sea Buckthorn Juice powder, Organic Chlorella, cracked cell powder, Organic Noni Fruit powder, Monk Fruit (Luo Han Guo, fruit extract).

Thank you for making True Greens a part of your daily diet!



MADE IN THE USA



Life Force International  
El Cajon, CA 92020  
www.lifeforce.net



All ingredients Kosher.

Do not use if outer seal is broken or missing. Keep out of reach of the children.

Store in a cool dry place.  
DO NOT REFRIGERATE.

\*\*DigeZyme® is the multi-enzyme complex to help break down lactose, carbohydrates, cellulose fibers, fats and proteins. These enzymes are resistant to the action of gastric juices, while retaining their digestive activity.

\*\*DigeZyme® is a registered trademarks of Sabinsa Corporation.

\*\*\*LactoWise® is a symbiotic blend of a shelf stable probiotic Bacillus coagulans and Lactobacillus sporogenes.

\*\*\* LactoWise® is a registered trademarks of Sabinsa Corporation.

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If you have any questions please call us at 1 (800) 531-4877